



The Kingdom in Daily Life: The Kingdom and Your Tongue

Greg Wendschlag August 23, 2026

"If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check... "But no man can tame the tongue. It is a restless evil, full of deadly poison." James 3:2,8

Why is it important to transform the tongue?

- My tongue directs where I go. James 3:3-4
- My tongue can destroy or build up. Proverbs 18:21, 15:4
- My tongue displays who I am. James 3:9-12

4 Practices to Help You Transform Your Tongue

- Ask God for help. Psalm 141:3

Kingdom step: I will begin to pray and ask God to help me control my tongue.

- Work on the heart and the mouth will follow. Matthew 12:34-35

Kingdom step: I will submit my will to God daily, refusing to conform to the pattern of this world but be transformed by the renewing of my mind. I will choose to praise Him daily.

- Think before you speak. James 1:19

T – Is it true?

H – Is it helpful?

I – Is it inspiring?

N – Is it necessary?

K – Is it kind?

Kingdom step: I will take a daily inventory of my speech, taking time to measure every word for its quality.

- Speak the truth in love. Proverbs 24:26, 12:19; Ephesians 4:15

Kingdom step: I will speak the truth when it is helpful and when not, I will hold my tongue.

"May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer." Psalm 19:14